

SNOHOMISH COUNTY DEVELOPMENTAL DISABILITIES



RESOURCE GUIDE



2020

Resources and contact information for over 300 agencies



Publications Created By

Snohomish County Human Services Developmental Disabilities

3000 Rockefeller MS 305

Everett, WA 98201

For copies of resource book or to make comments/ suggestions

e-mail: ddinfo@co.snohomish.wa.us

Publication available on Snohomish County website:

www.snohomishcountywa.gov/dd

*This book contains information regarding public, private and nonprofit agencies.
Inclusion in this directory does not constitute endorsement, nor is any omission an intention*



Snohomish County
Human Services

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M/S 305
3000 Rockefeller Avenue
Everett, WA 98201-4046

Dear Fellow Residents,

Welcome to the Snohomish County Developmental Disabilities Resource Books, designed to provide you with helpful information that can shape and improve your quality of life.

Individually, each booklet in the four book series provides a wealth of information. Collectively they create an opportunity for making the most of services offered by the Snohomish County Human Services as well as connections to programs offered by other organizations and non-profit service providers within the area.

The topics in the series are:

- **Community Plan** - Current issues and efforts being made to improve the quality of life for individuals with developmental disabilities and their families.
- **Resource Guide** - Description and contact information for more than 300 resources.
- **Building a Successful Future** - Information to help you understand community resources and plan for your future.
- **Career Path Services Guide to Employment** Supports for individuals interested in working and contributing in their community.

Together we can make Snohomish County a better place to live, work and play. Thank you for letting us do our part.

Sincerely,

Mary Jane Brell Vujovic
Director Human Services
maryjane.brell@snoco.org



The Snohomish County Mission Statement and Governing Principles

The Mission Statement and the Governing Principles were developed in conjunction with the Citizen Advisory Board and serve as a guide to Snohomish County Developmental Disabilities in the development of public policy, supports and services.

Mission Statement

We foster inclusive communities that support people with developmental disabilities to achieve a full life through participation and contributions to all aspects of community life

Governing Principles

Individualized Supports

Design and develop support to meet the specific needs and goals of each individual.

Choice

Create opportunities for individuals to have choices in their community and support individuals in advocating for themselves.

Community

Promote community-based options.

Inclusion and Contribution

Promote inclusive/diverse communities so that people have opportunities to achieve meaningful and purposeful lives.

Access

Promote individual and community accessibility.

Diversity

Promote culturally relevant supports, while respecting and supporting individuals' uniqueness and diversity.

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ACCESSIBILITY

Accessible Playground A website which includes a directory and resources related to accessible playgrounds. www.accessibleplayground.net

American Trails Provides information on how ADA affects trails and greenways. Learn about accessible trail and greenway designs, training opportunities, legal issues and federal guidelines. <https://www.americantrails.org/user-types/trail-user/accessible/>

Beneficial Design The universal trail assessment process documents actual conditions in outdoor, natural environments. <http://www.beneficialdesigns.com/>

Job Accommodation Network Provides free, expert, and confidential guidance on workplace accommodations and disability employment issues. Works toward practical solutions that benefit both employer and employee. <http://askjan.org> **800-526-7234**

Landscape Structures Creates playgrounds that promote inclusive play by addressing accessibility, age and developmental appropriateness and sensory-stimulating activities: making playgrounds a gathering spot for children/families of all abilities. www.playlsi.com **888-438-6574**

National Center on Accessibility Promotes access and inclusion for people with disabilities in parks, recreation and tourism. www.ncaonline.org

U.S. Access Board Committed to accessible design. www.access-board.gov **800-872-2253**

U.S Department of Justice Provides information and technical assistance on the Americans with Disabilities Act. www.ada.gov **800-514-0301**

U.S. Forest Service Provides guidelines to maximize accessibility while recognizing and protecting the unique characteristics of the natural setting of outdoor recreation areas and hiker/pedestrian trails. www.fs.fed.us/recreation/programs/accessibility

Washington State Parks Provides information about state parks and accessible outdoor recreation. An Accessible Pass is good for 50% discount on nightly camping/moorage. Free watercraft launching and trailer dump. Available for one-year (short-term disability) or five-year (permanent disability) periods. Note: Simply show your placard, license plate or issued wallet card along with matching I.D. directly to the park ranger. www.parks.wa.gov **360-902-8844**
Reservations 888-226-7688



ADVOCACY

Advocacy Agencies

Arc of Snohomish County Support to individuals with developmental disabilities and their families to be knowledgeable and have the necessary skills and information to advocate and to educate the community about issues that affect individuals with developmental disabilities. These activities include building leaders, building inclusive communities, partnering with schools, promoting accessible and coordinated transportation and affordable and safe housing. www.arcsno.org	425-258-2459
Center for Independence Provides outreach, advocacy and support to assist individuals with disabilities to fully access their community. http://www.cfinorth.org/	360-393-3890
Disability Rights of Washington (DRW) A private non-profit organization that protects the rights of people with disabilities statewide. www.disabilityrightswa.org	206-324-1521 800-562-2702
Domestic Violence Services of Snohomish County 24-hour crisis line, support groups, emergency shelter, transitional housing and legal advocacy. www.dvs-snoco.org	24-hr Crisis Line 425-252-2873
Family Mentor Project Helps families and guardians through the process of moving a child member to the community from a Regional Habilitation Center. www.familymentorproject.info	425-679-1805
Governors Committee on Disability Issues and Employment Promote equality, opportunity, independence and full participation in life for people with disabilities https://esd.wa.gov/GCDE	360-902-9511
National Council on Disability (NCD) Provides advice to the president, congress, the executive branch to promote policies, programs, practices and procedures that guarantee equal opportunity for all individuals with disabilities. www.ncd.gov	Voicemail 202-272-2004
PAVE (Partnerships for Action. Voices for Empowerment) Advocacy, workshops, resources and referrals, regarding special education, and healthcare resource navigation. www.washingtonpave.org	800-572-7368
Refugee Women's Alliance A multi-ethnic, community-based organization that provides comprehensive culturally and linguistically appropriate services to refugee and immigrant communities. www.rewa.org	206-721-0243
Team Child Provides support and advocacy to divert youth from the juvenile justice system through building community partnerships and providing support for education, health, housing and other basic needs of youth. www.teamchild.org	King County 206-322-2444
WA State Developmental Disabilities Council (DDC) Provides information and policy advocacy for individuals with disabilities and their families. www.ddc.wa.gov	800-634-4473
Washington Autism Alliance and Advocacy Advocating for improved access to healthcare, education and social services through the lifespan. www.washingtonautismadvocacy.org	425-894-7231
Washington State Human Rights Commission Eliminate, prevent and investigate alleged discrimination. www.hum.wa.gov	800-233-3247

ADVOCACY

Washington State Long Term Care Ombudsman Improves the quality of life for people in licensed long-term care facilities by providing volunteers who listen to resolve problems and answer questions. www.waombudsman.org

TTY
800-737-7931
800-562-6028

Service Alternatives Training Institute Service Alternatives provides disability awareness training to employers and organizations. www.satraininginstitute.org

800-896-9234



“Never doubt that a small group of thoughtful committed citizens can change the world; indeed, it’s the only thing that ever does.”

Margaret Mead



Self-Advocacy/Community Education

Autistic Self Advocacy Network (ASAN) Disability rights organization run by and for adults with autism. www.autisticadvocacy.org

Disability Is Natural A website that promotes new attitudes, new actions, and common sense in the disability arena. www.disabilityisnatural.com

Disability Social History Project www.disabilityhistory.org

Educating on Disability Ken Miller is a nationally recognized motivational speaker who speaks about advocacy; based out of Snohomish County. **425-353-6422**

People First of Washington Statewide self-advocacy organization run by and for individuals with developmental disabilities. www.peoplefirstofwashington.org **253-999-7222**

Self-Advocacy Groups in Snohomish County Includes: Women’s Group, Transition Club, SAIL, and People First. www.arcsno.org **425-258-2459**

Self-Advocacy in Leadership (SAIL) A coalition of people with developmental disabilities shaping public policy. <http://www.selfadvocatesinleadership.com>

Stanwood-Camano Aktion Club A community service group sponsored by Kiwanis for adults with disabilities who want to become community leaders and provide service to others. www.stanwoodcamanoresources.org/resource-center.html **360-629-5257**

ASSISTIVE TECHNOLOGY

Able Opportunities, Inc. Provides consultations & job development to address needs of pre-symbolic communicators; including individuals who are deaf / blind / DD. www.ableopps.com	
Department of Services for the Blind (DSB) Statewide services for all ages with blindness and low vision. Services focus on independent living, training and mobility support to individuals and families. www.dsb.wa.gov	Seattle 206-906-5500 800-552-7103
Enabling Devices Manufactures and sells special devices to help people with disabilities reach their fullest potential. www.enablingdevices.com	800-832-8697
Hearing, Speech and Deafness Center Supports children and adults to realize their full communication potential. www.hsdc.org	888-222-5036 TTY 800-761-2821
Listen and Talk Teaches children with hearing loss to communicate and learn through listening and spoken language. www.listentalk.org	206-985-6646
Northwest Access Fund Low interest loans for any type of assistive technology or service, and vehicle and in-home modifications. http://www.nwaccessfund.org/	206-328-5116 877-428-5116
Special Education Technology Center Provides school districts with technology resources that are otherwise difficult to find or access. www.specialedtechcenter.org	509-963-3350
Speech to Speech Free telephone service for individual who have difficulty being understood due to a speech impairment or disability. www.speechtospeech.org	888-877-5302 877-833-6341
Therapy and Assistive Technology Clinic Assists individuals in utilizing adaptive equipment for communication, computer access and phone usage. www.provail.org/therapy-clinic	206-363-7303
Washington Assistive Technology Act Program (WATAP) Technology resources for employment, education and independent living. http://watap.org/	800-214-8731 TTY 866-866-0162
Washington Relay Service A free service that allows hearing callers to communicate with text telephone (TTY) users through specially trained relay operators. There are no restrictions to number, length or time of calls. www.washingtonrelay.com	7-1-1 800-833-6384
Washington Sensory Disabilities Services (WSDS) Provides information, training, technical assistance and resources to families and educators (statewide) for individuals age birth-to-21 with sensory disabilities. www.wsdsonline.org	800-572-7000
Washington Talking Book and Braille Library www.wtbbl.org	800-542-0866

EDUCATION

Support and Resources

<p>Adolescent Health Transition Project Provides resources for adolescents with special health care needs. http://depts.washington.edu/healthtr</p>	<p>206-685-1350</p>
<p>Center for Change in Transition Services Works toward improving post-school outcomes for students with disabilities in Washington State. www.seattleu.edu/ccts</p>	<p>206-296-6494</p>
<p>Early Childhood Education and Assistance Program A FREE preschool program serving low-income children and families. http://snohomishcountywa.gov/1864/Early-Learning</p>	<p>425-388-7010</p>
<p>Head Start A program for families on a limited income with children from birth to five years old. Head Start partners with families to promote the growth and development of infants and toddlers, resulting in school readiness prior to entry into Kindergarten.</p>	<p>South Central County</p>
<p>South Central County Head Start (prenatal to five) hsweb.edcc.edu</p>	<p>425-712-9000</p>
<p>Office of Education Ombudsman Helps solve disputes and conflict between families and elementary and secondary public schools that affect student learning. Functions independently from the public-school system. http://oeo.wa.gov</p>	<p>866-297-2597</p>
<p>Office of Superintendent of Public Instruction (OSPI) Charged with overseeing the K-12 public education system in Washington State. www.k12.wa.us/specialed</p>	<p>360-725-6075</p>
<p>PAVE (Partnerships for Action. Voices for Empowerment) Advocacy and information for parents with children with special educational needs and healthcare resource navigation. https://wapave.org/</p>	<p>800-572-7368</p>
<p>Sno-Isle Skills Center Prepares high school students in Snohomish County to be successful in the high-tech work force. www.snoisletech.com</p>	<p>425-348-2220</p>
<p>Snohomish County Early Intervention Program Services and support to children ages 0-3 with, or at high-risk of, a delay. www.snohomishcountywa.gov/dd</p>	<p>425-388-7402 800-927-9308</p>
<p>Snohomish County Transition Coordinator Assists individuals and families from the Developmental Disabilities Administration/DSHS with the process of transitioning from school to work and into community living. Includes helping families navigate the adult service systems, understand and access resources and connect to planning and employment providers (as funding allows). www.snohomishcountywa.gov/dd</p>	<p>425-388-7476</p>
<p>Sound Options Group Provides mediation between families and school districts to help resolve IFSP/IEP impasses. http://sometg.com</p>	<p>206-842-2298 800-692-2540</p>
<p>Specialized Training of Military Parents (STOMP) Advocacy, information and support to military families caring for family members w/disabilities. www.wapave.org</p>	<p>800-572-7368</p>
<p>Washington Sensory Disabilities Services (WSDS) Provides training, information, referral and support to families and providers of children who are deaf, hard of hearing, blind, visually impaired or deaf-blind. www.wsdsonline.org</p>	<p>800-572-7000</p>

Colleges

Bellevue College Offers an Associate's Degree in Occupational and Life Skills (OLS) for students with disabilities.	http://www.bellevuecollege.edu/ols	425-564-5206
Cascadia Community College Support services to students with disabilities.	http://www.cascadia.edu/advising/disability.aspx	425-352-8128
DO-IT Program - University of Washington Provides technology services to increase participation of individuals with disabilities in academic programs and careers.	www.washington.edu/doit	206-685-3648
Edmonds Community College	www.edcc.edu/ssd	425-640-1459
Everett Community College Center for Disability Services	https://www.everettcc.edu/students/cds	425-388-9272
Highline Community College - Access Services	https://access.highline.edu/	206-592-3857
Lake Washington Technical College	http://www.lwtech.edu/	425-739-8100
Shoreline Community College	www.Shoreline.edu	206-546-4101
Skagit Valley College	www.skagit.edu	360-416-7600
Think College	www.thinkcollege.net	617-287-4300
UW Bothell Campus	www.bothell.washington.edu	425-352-5000

Community Education Resources

Brookes Publishing Publishes books, curriculums and screening tools for individuals with developmental disabilities.	www.brookespublishing.com
Disability Scoop News about developmental disabilities.	www.disabilityscoop.com
Inclusion Includes a variety of resources on inclusion.	www.inclusion.com
Informing Families Provides information on changes in the DDA system.	www.informingfamilies.org
Jameson Hope Lending Library Videos, training materials and books available.	www.arcsno.org
Kids Included Together (KIT) Promotes inclusion of all children.	www.kitonline.org
Program Development Associates Disability and diversity resources.	www.disabilitytraining.com
Quality Mall Free information about person-centered supports for people with DD.	www.qualitymall.org
Sprout Film Festival Includes a variety of disability related films.	www.sproutflix.org
Supporting Families of Individuals with Intellectual and Developmental Disabilities	www.supportstofamilies.org

FAMILY & PARENT RESOURCES

Early Intervention

Early Head Start/Head Start A program for families on a limited income with children from **birth to five years old**. Head Start partners with families to promote the growth and development of infants and toddlers, resulting in school readiness prior to entry into kindergarten.

North County Early Head Start (prenatal to three only)
<http://snohomishcountywa.gov/1864/Early-Learning>
South Central County Early Head Start/Head Start (prenatal to five)
www.edcc.edu/birthtofive

North County
425-388-6471
South Central
County
425-712-9000

Family Interagency Coordinating Council (FICC) A partnership between parents, families, school staff and providers of children ages birth to six with or at risk of delay or disability.
www.snohomishcountywa.gov/dd

425-388-7402

Nurse-Family Partnership A FREE program for women who are pregnant with their first child and meet income requirements. A registered nurse will visit you in your home throughout your pregnancy and continue to visit until your baby is 2 years old.

425-353-5656

Parent to Parent Matches new parent's with parent mentors and provides trainings, workshops and support groups. The Arc of Snohomish County.
www.arcsno.org

425-258-2459

Snohomish County Early Intervention Program Provides support to children ages birth to three who have or are at high-risk of a delay. Provides Family Resource Coordination to assist families in accessing, coordinating and funding early intervention services.
www.snohomishcountywa.gov/dd

425-388-7402
800-927-9308

Washington Sensory Disabilities Services Provides information, training, technical assistance and resources to families and educators (statewide) for individuals age birth to twenty one with sensory disabilities, including individuals who are deaf, hard of hearing, blind, visually impaired or deaf-blind.
www.wsdsonline.org

800-572-7000

Washington State Department of Children, Youth & Families Provides early intervention services for children age's birth to three with developmental delays or disabilities.

<https://www.dcyf.wa.gov/services/child-development-supports/esit>

360-725-3500

Resources and Support

Acclaimed Photography Full-service photography studio specializing in serving children with special needs.
www.AcclaimedPhoto.com

206-228-2442

Adult Protective Services Investigates allegations of abandonment, abuse (physical, mental, sexual), financial exploitation, and neglect of vulnerable adults.

866-221-4909

Aptitude Habilitation Services TriCare Autism Demonstration Project Provides support to military families who have a child w/Autism.
www.aptitudeservices.com

800-991-6070

FAMILY & PARENT RESOURCES

Arc of Snohomish County Provides information, education and support to people with developmental disabilities and their families.	www.arcsno.org	425-258-2459
Arc of Washington State Provides advocacy and support to people with developmental disabilities and their families.	www.arcwa.org	360-357-5596 888-754-8798
Autism Awareness Project Department of Health Statewide info on local services and supports for individuals with autism.	Search Autism www.doh.wa.gov	
Autism Center at University of Washington Intervention services include social skills groups, professional training, diagnostic evaluations and program consultation for children (up to age 18).	http://depts.washington.edu/uwautism	206-221-6806
Autism Now Provides national Autism resources.	www.autismnow.org	855-828-8476
Autism Society of Washington Advocacy, public awareness, education and research related to autism. Calendar of events.	www.autismsocietyofwa.org	888-279-4968
Bridge Ministries Supports individuals with disabilities. Services include one-on-one assessment, chaplain visits, medical equipment, etc.	www.bridgemin.org	425-885-1006
Camp Prime Time Provides families with children who are seriously ill or disabled with outdoor wilderness experience where families can enjoy themselves (without financial burden) in a supportive atmosphere.	www.campprimetime.org	509-248-2854
Center for Children with Special Needs Provides information to families and professionals focusing on children who have chronic physical, developmental, behavioral or emotional conditions.	www.cshcn.org	206-987-3736 800-322-2588
Child Care Aware of Washington Our trained staff can create a free, customized list of licensed child care programs that meet your child care needs. We offer services in all languages.	http://wa.childcareaware.org	253-383-1735 866-416-4321
Children with Special Health Care Needs (CSHCN) Information and resources for families of children who have serious physical, behavioral or emotional conditions requiring additional supports and services.	http://www.snohd.org/Children-Family/Special-Needs-Children	Snohomish County 425-339-8652
Developmental Disabilities Administration (DDA) Eligibility for Medicaid Personal Care Services for children under the age of 18. Provides an assessment for in home care (with medical coupon).		Everett 425-740-6400
North Sound 211 - Community Information Line Community resources, emergency and transitional housing, homeless prevention, food banks and general resources. Call 211.		211 800-223-8145
Department of Services for the Blind (DSB) Helps individuals with visual disabilities gain necessary skills and access opportunities to reach the employment goals of their choice. Statewide services for all ages of individuals experiencing blindness or low vision. Focuses on independent living through providing orientation, training and mobility and support to families.	www.dsb.wa.gov	800-552-7103

FAMILY & PARENT RESOURCES

<p>Developmental Disabilities Administration (DDA) Assists individuals with developmental disabilities and their families to obtain services and supports based on individual preference, capabilities and needs. DDA serves individuals of ALL AGES using state and federal funds to provide or purchase supports/services for eligible persons and their families. Limited resources/services. If you are DDA eligible and currently not receiving any paid services but need additional support call 1-800-567-5582 and inform staff about unmet needs.</p> <p style="text-align: right;">www.dshs.wa.gov/ddd</p>	<p>No Paid Services 800-567-5582</p> <p>800-788-2053</p>
<p>Down Syndrome Association of Snohomish County Provides information and support to families in Snohomish County.</p> <p style="text-align: right;">www.dsasc.org</p>	<p>425-610-8226</p>
<p>Eagle Wings disAbility Ministries Offers visits, “circles of friends”, Sunday evening celebrations, phone support, awareness seminars, resource referral, community-based chaplain services and the Eagle Card.</p> <p style="text-align: right;">www.eaglewingsministries.org</p>	<p>360-658-6093</p>
<p>Easter Seals Society of WA Provides training, information and direct service.</p>	<p>206-281-5700</p>
<p>Exceptional Family Member Program Provides information, referrals, education & counseling for family members of active military duty.</p> <p style="text-align: right;">http://www.navylifepnw.com/</p>	<p>866-854-0638</p>
<p>Families For Effective Autism Treatment of WA (FEAT) Provides information, resources, training and supports to help individuals with autism reach their full potential.</p> <p style="text-align: right;">www.featwa.org</p>	<p>425-223-5126</p>
<p>Family Health Hotline Provides information on local and state resources including health care coverage, specialty services, and recreational opportunities to children with special health care needs.</p> <p style="text-align: right;">http://parenthelp123.org</p>	<p>800-322-2588</p>
<p>Family Helpline Provides information and resources on parenting, child development and positive discipline to parents and caregivers.</p> <p style="text-align: right;">www.parenttrust.org</p>	<p>800-932-4673</p>



*TOGETHER We
Make A Family*

FAMILY & PARENT RESOURCES

Family Support Centers of Snohomish County Offers a variety of activities, playgroups, resource libraries, volunteer opportunities, classes and events.

North Counties Family Services-Darrington	360-436-0308
Familias Unidas Hispanic Family Support Center	425-513-2880
Sky Valley Community Resource Center	360-793-2400
South Everett Neighborhood Center	425-355-6005
Community Resource Center of Stanwood Camano	360-629-5257
Arlington Community Resource Center	360-386-7989

Fathers Network Support for fathers who have a child(ren) with disabilities, through the Arc of Snohomish County. www.arcsno.org or www.fathersnetwork.org **425-258-2459**
425-653-4286

Fetal Alcohol Syndrome (FAS) An alliance of families and professionals supporting individuals with FAS. www.nofas.org or www.nofaswa.org **206-940-2832**

Informing Families A website and email list providing up-to-date information on changes in the DDA delivery system. www.informingfamilies.org

Senior Services of Snohomish County, Kinship Caregiver Program For grandparents and relatives facing the challenge of raising a relative's child(ren). **425-265-2287**

Life Span Supports Washington State families to develop safe, secure and quality futures for their relatives with disabilities. www.lifespan-wa.org **425-883-9867**

Mothers Network Support group for mothers of child(ren) with disabilities, through the Arc of Snohomish County. www.arcsno.org **425-258-2459**

National Alliance on Mental Illness (NAMI) Provides advocacy, information and support for individuals with mental illness and their families. www.namiwa.org **206-783-4288**
www.nami-greaterseattle.org Office **206-789-7722**

Navy Region Northwest School Liaison Officer A central point of contact for school related matters between Navy Region Northwest, military families and local school systems. **425-304-3688**

My Village Northwest Serving children with special Needs and their families. Located in Woodinville, WA. <http://myvillagenw.org/> **206-355-5915**

Parent/Family Coalition of Snohomish County Provides resources to help individuals and families understand the service delivery system and opportunities to become involved with elected officials and others in advocating for positive changes in services for individuals with disabilities. www.arcsno.org **425-258-2459**

Parent to Parent Matches parent's in a one-one relationship with trained, experienced parents, based on similar diagnosis and family issues. Provides information and referral, workshops, training and support. www.arcsno.org **425-258-2459**

FAMILY & PARENT RESOURCES

Parent to Parent of Washington State

<https://arcwa.org/parent-to-parent/>

509-907-0873

Planned Parenthood Information and education on family planning and women's health care services. Website has resources specific to individuals with intellectual disabilities.

www.plannedparenthood.org

EVERETT

800-769-0045

Puget Sound Autism Services LLC, Glenna Clouse, Provides counseling, consultation, social skills groups and training for individuals, families, schools and community groups for autism spectrum disorders.

www.psautism.com

206-617-2131

Puget Sound Psychology & Consulting Provides diagnosis and assessment, counseling, consultation, social skills groups and training for children and adults on the autism spectrum and their families.

www.pugetsoundpsychology.com

206-883-6175

Resources for Spanish Speaking Clients

Northshore Family Center (Bothell)

425-205-2004

Familias Unidas (Latino Resource Referral)

425-513-2880

Early Life Speech & Language Serves young children with severe speech and language delays. Provides educational and training opportunities for parents at no cost.

<http://earlylifespeech.org/>

855-543-8255

Homage Senior Services Provides information and referral to social service programs to seniors and individuals with disabilities.

www.sssc.org

425-355-1112

Sibshops Opportunities for brothers and sisters of children with developmental disabilities to connect with peers, to share their experiences and participate in fun activities with other siblings. Through the Arc of Snohomish County.

www.arcsno.org

425-258-2459

Special Education Mediation Sound Options Group provides mediation between families (with children ages 0-21 years-of-age) and school districts to help resolve IFSP or IEP impasses.

www.somt.org

800-692-2540

206-842-2298

University Center for Excellence in Developmental Disabilities Provides technical assistance, outreach, clinical services, training and information for individuals with developmental disabilities.

www.depts.washington.edu/chdd/ucedd.html

206-543-7701

WA State Hands and Voices Dedicated to supporting families with children who are deaf, deaf-blind, or hard of hearing.

www.wahandsandvoices.org

425-268-7087

Washington Connection Offers you a way to find and apply for a variety of services on line.

<https://www.washingtonconnection.org/home>

YWCA Pathways for Women Provides support for women in need to address multiple challenges and move toward independence, self-sufficiency, safety and dignity for themselves and their families.

<https://ywcaworks.org>

425-774-9843

FINANCIAL

Employment Assistance

Department of Services for the Blind (DSB) Helps individuals' who are blind or visually impaired gain the necessary skills and access opportunities to reach the employment goals of their choice.	www.dsb.wa.gov	800-552-7103
Division of Vocational Rehabilitation (DVR) Assists people with disabilities prepare for, obtain and retain employment. Vocational rehabilitation programs are custom-designed for each individual.	www.dshs.wa.gov/dvr	Everett 425-339-4880 Lynnwood 425-977-6600
Goodwill Job Training and Education Provides job training and education, programs, support and assistance in finding a job.	www.seattlegoodwill.org	425-267-9718 206-329-1000
Job Accommodation Network Provides free, expert and confidential guidance on workplace accommodations and disability employment issues. Works toward practical solutions that benefit both employer and employee.	http://askjan.org	800-526-7234
Job Corps Free education and vocational training program to help young people ages 16 - 24 obtain a better paying job.	https://www.jobcorps.gov/	800-733-5627
Office of Disability Employment Policy (ODEP) Provides national leadership by developing and influencing disability employment related policies.	www.dol.gov/odep	
Pathways to Employment A website that helps Washingtonians with a disability make informed decisions about going to work.	www.pathways.dshs.wa.gov	
Plan to Work Serves people ages 14-65 years old receiving disability benefits from Social Security Administration (SSA) and want to work.	www.plantowork.org	866-497-9443
Snohomish County Career Path Services Supports individuals with developmental disabilities pursue and/or maintain community employment. Contact DD case manager for a referral. Guide available at:	www.snohomishcountywa.gov/dd	
Disability: In Washington Educates/supports businesses recruit, hire, retain, promote and improve customer service for people with disabilities.	https://di-wash.org/	
WorkSource Provides information and classes to assist individuals in obtaining employment.	www.worksourceonline.com	Everett 425-258-6300

Financial Planning

ABLE Savings Plan Allows individuals with disabilities to save money for qualified disability expenses without losing their federal benefits.	http://www.ablenrc.org	
DD Endowment Trust Fund Enables individuals with DD and their families to open a low-cost special needs trust to set aside money and build assets for the future without compromising the individual's eligibility for public services.	ddlot.org	888-754-8798 ext. 1
Protected Tomorrows of Seattle Provides people with special needs comprehensive life planning.	www.protectedtomorrows.com	847-522-8086

FINANCIAL

Financial Assistance

Cell Phones Available for individuals who are low income. www.safelinkwireless.com or www.freegovernmentcellphones.net	
Community Service Office (CSO) Provides eligibility determination on services when applying for financial, Medicaid, food stamp assistance or childcare. Online application. https://www.dshs.wa.gov/esa/online-community-services-office-cso	877-501-2233
DSHS Eligibility Survey DSHS assistance programs that may be available based on family's income and resources. www.dshs.wa.gov/esa/TEC	
Journey Housing and Payee Services (formerly Washington Home of Your Own) Non-profit organization approved by Social Security Administration to provide Representative Payee services to Social Security beneficiaries. https://journeyhousingandpayee.org/	(Payee) 425-212-4230 (Housing) 425-374-5491
Social Security Administration Federal agency offers financial assistance for people with disabilities to achieve independence. Persons under 18 considered based on disability and parents' income; over age 18 considered based on individual income, resources and disability determination. Includes Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI) programs. www.ssa.gov	General No. 800-772-1213 Everett 866-563-4595 Lynnwood 877-575-5197
Social Security Benefit Eligibility Screening Tool for SSI and SSDI A web-based tool to help determine eligibility for benefits. http://ssabest.benefits.gov	
Volunteers of America (VOA) Family Support Helps families and individuals with emergency needs (clothing, furniture, medications, eyeglasses) as funding allows.	425-259-3192
Women, Infants and Children (WIC) A nutrition program to assist pregnant women, mothers and young children. http://www.snohd.org/223/WIC-Nutrition	425-252-5303 425-258-8400

Energy Assistance

Electricity Annual PUD discounts are available for low income customers.	425-783-1000
Energy Assistance Program Provides one-time assistance in paying heat bills for one season. http://snohomishcountywa.gov/552/Energy-Assistance	425-388-3880
Weatherization Program Year-round, home energy conservation assistance. https://snohomishcountywa.gov/600/Weatherization	425-388-7205



HEALTH CARE/ MEDICAL SERVICES

Health Insurance

Benefits Checkup Contains benefit screening tools. www.benefitscheckup.org	
Apple Health for Workers with Disabilities (HWD) Medicaid buy-in program for employed individuals with disabilities. Employees pay monthly fee (premium) based on income. www.dshs.wa.gov/onlinecso/hwd.shtml	206-272-2169 800-871-9275
SHIBA (Statewide Health Insurance Benefits Advisors) Addresses questions, concerns, and complaints related to health insurance. www.insurance.wa.gov	800-562-6900
Washington Apple Health (Medicaid) Provides health care for individuals with low income; includes youth, families and prescription drugs.	800-562-3022
Washington Health Plan Finder Compare and enroll in quality health insurance plans and access important cost savings. www.wahealthplanfinder.org	855-923-4633

Medical Support

Adolescent Health Transition Project Provides information to assist with transition to adult health care services. www.depts.Washington.edu/healthtr	206-685-1350
Alcohol/Drug 24-Hour Helpline www.adhl.org	206-722-3700
Carina Need a fill-in caregiver? Carina is a free service where Medicaid and state-funded home care clients and qualified providers can connect directly for care and support. https://www.carinacare.com/	844-797-8901
Center on Human Development & Disabilities (CHDD) Provides on-site clinical service programs for children, with or at risk for developmental learning, and behavioral concerns. www.depts.washington.edu/chdd	206-543-7701
Children with Special Health Care Needs Provides information and resources to families for home visit programs, parenting, child health services and nurse/family partnerships. http://www.snohd.org/268/Children-With-Special-Needs	425-339-8652
Citrine Health Connects women and their families to services that improve the quality of their health, including health screenings, insurance, and food programs. Provides breast, cervical and colon health screening for uninsured people between 40 and 60 years of age. www.citrinehealth.org	425-259-9899 888-651-8931
Community Health Center of Snohomish County Dedicated in providing the uninsured, low-income and other members of our diverse community with access to high quality and affordable medical, dental, behavioral health and pharmacy services. www.CHCSno.org	425- 789-3789
Dental Care for Individuals with Disabilities (DECOD) University of Washington's School of Dentistry's helps to locate dental resources for persons with disabilities. https://dental.washington.edu/patient/clinics/decod/	206-543-4619
Directory of Dentists A partial listing of dentists who treat patients with developmental or special needs. www.wsga.org/special-needs-directory	

HEALTH CARE/ MEDICAL SERVICES

DSHS Provides in-home assistance to individuals who receive Medicaid and need assistance with personal care. Call your DDA case manager. (or Home and Community Services DSHS if not DDA eligible)	Everett 425-740-6400 800-788-2053
Elks Therapy Program Provides free in-home occupational and physical therapy for children aged birth-to-21. www.tallelks.org	800-825-3557
Epilepsy Foundation Washington Programs and services for individuals with epilepsy and their family members. https://epilepsywashington.org/	206-487-5251
Family Health Hotline Provides local and state resource information for healthcare coverage, specialty services and recreational opportunities for children with special health care needs. https://www.parenthelp123.org/family-health-hotline	800-322-2588
Fetal Alcohol Syndrome Diagnostic Clinic -Located in Seattle	206-598-9666
Handle Institute Provides non-drug evaluation and treatment for individuals with neurodevelopment disorders. www.handle.org	206-909-6028
Medical Alert Services (Providence) Emergency response system. https://healthplans.providence.org/members/member-groups/pers/wellness-services/connect-america-medical-alert/	425-261-4828
MS Helping Hands Donation Closet Provides new and recycled medical and mobility equipment for individuals living with MS.	425-712-1807
My Gym Foundation Assists children with physical challenges to receive medical attention, rehabilitation therapy and assistive devices they would not be able to obtain otherwise. https://www.mygymfoundation.org/about/	818-907-6966
National Organization for Rare Disorders (NORD)	203-744-0100
Poison Information Hotline	800-222-1222
Providence Children's Center Neuro-developmental center for children birth-to-14, providing OT, PT, speech, nutrition and counseling. Accepts Medicaid.	425-258-7311
Providence Hospice and Home Care of Snohomish Co. Provides health care and comfort to people of all ages facing a life threatening or challenging illness.	425-261-4800
SeaMar Serves low income individuals with comprehensive medical, dental and social services. Provides health education, maternity support services and inpatient substance abuse treatment. Specializes in services to Latinos. www.seamar.org	Everett 425-347-5415
Seattle Children's Hospital Children's Resource Line. www.seattlechildrens.org	866-987-2000
Shield Health Care Provides disposable medical supplies for incontinence (adult and pediatric), external nutrition, ostomy, and urological supplies. Provides free home delivery, language services, and home evaluations. Accepts Medicare, Medicaid and some private insurance. www.shieldhealthcare.com	800-765-8775
Snohomish County Early Intervention Program Provides services and support to children birth-to-3 with or at high-risk of a delay. Assists families in accessing, coordinating and funding services. www.snohomishcountywa.gov/dd	425-388-7402 800-927-9308

HEALTH CARE/ MEDICAL SERVICES

Snohomish County Health District Provides immunizations, diagnoses, nutrition, maternal and child health care, family planning, food safety, disease/injury prevention and promotes access to health care. www.snohd.org	Everett 425-339-5200 Lynnwood 425-775-3522
Starlight Children's Foundation Serves seriously ill children. www.starlight.org	
Washington Association for Community Health Advocates for low-income, uninsured and underserved Washington State residents served by community health centers. www.wacmhc.org	360-786-9722
Washington State Fetal Alcohol Syndrome Diagnostic and Prevention Network www.fasdpn.org	206-598-0555
Washington State Medical Home Website Connects families with health care providers to make informed health care decisions. Includes practical tools, strategies and information for children with special health care needs. www.medicalhome.org	206-685-1279
WithinReach Private nonprofit organization working to ensure optimal health for all Washington families by connecting them to resources. www.withinreachwa.org	Help Me Grow hotline 800-322-2588 206-284-2465
Women Infant and Children (WIC) Program Nutrition program providing education, support and referrals to health care & social services for pregnant women, new mothers and young children. https://www.snohd.org/223/WIC-Nutrition	Everett 425-252-5303 Lynnwood 425-258-8400

Mental Health

Crisis Lines

Care Crisis Line (24-Hour Intervention) Information, referral and intervention services for adults and children in mental health crisis. 425-258-4357 800-584-3578	
Washington Recovery Help Line For 24-hour emotional support, crisis intervention and referrals. www.dshs.wa.gov/dbhr 866-789-1511	

Access Lines

Access Line Schedules mental health appointments for Medicaid and Apple Health eligible participants. 425-212-3900 888-693-7200	
Catholic Community Services Provides outpatient services. www.ccsww.org 425-257-2111	
Compass Health Provides full continuum of outpatient/inpatient behavioral health care for individuals of all ages in Everett, Lynnwood and Smokey Point. www.compasshealth.org	Everett 425-349-6800 800-452-9303
Northsound 211 Information and referral line 211	
SeaMar Provides outpatient services in Everett, and Lynnwood. www.seamar.org	Everett 425-609-5505

HOUSING & LIVING INFORMATION

Resources to Obtain Affordable Housing

Apartment Finder Website for affordable, accessible apartments. www.aptfinder.org	
Arc of Snohomish County Provides information and support to individuals with developmental disabilities and their families. www.arcsno.org	425-258-2459
Catholic Community Services Provides support services. www.ccsww.org	425-257-2111
Developmental Disabilities Administration (DDA) Provides information on housing options and supports. Connects individuals to Adult Family Homes and other residential supports based on eligibility and available funding. www.dshs.wa.gov/ddd	
<p>Adult Family Homes (AFH) Licensed by the State. AFH provide room and board and assistance with personal care based on State assessment.</p> <p>Supported Living Services DDA Residential Program, <i>eligibility criteria varies and funding is limited</i>. Provides instruction and support to persons living in their own homes within the community. Supports may vary from a few hours a month, to 24 hours a day. Clients pay for rent, food and other personal expenses. DDA contracts with private agencies to provide services.</p>	800-788-2053
Everett Housing Authority Provides rent subsidies and public housing in Everett and Snohomish County for persons who meet program eligibility requirements. Request a current list of subsidized/affordable housing. www.evha.org	425-258-9222
Housing Authority of Snohomish County (HASCO) Provides rent subsidies and public housing for persons who meet eligibility requirements and live in Snohomish County. Request a current list of subsidized and affordable housing. www.hasco.org	425-290-8499
Housing Hope Supports families transitioning from emergency shelters, transitional housing, and permanent housing. Provides services to homeless, pregnant, and parenting teens. www.housinghope.org	425-347-6556
Northwest Indian Housing Association (NWIHA) Provides information and referral to affordable housing and financial resources for NW tribal members. www.nwiha.org	360-220-9212
Partners4Housing Collaborates with families to discover housing opportunities and resources. www.partners4housing.com	206-383-4209

In Home Support

Canine Companions for Independence (CCI) Provides highly trained assistance dogs and ongoing support to ensure quality partnerships. www.cci.org	800-572-2275
Community Information Line Provides information on emergency and transitional housing, homeless prevention, food banks and general resources.	211
Dispute Resolution Center Provides informational and mediation services for tenant landlord disputes, fair housing information and counseling. www.voaww.org/drc	425-339-1335 800-280-4770

HOUSING & LIVING INFORMATION

Fair Housing Center of Washington Assures equal access to housing, and related services and provides education, investigation, and enforcement of applicable laws.	253-274-9523 844-557-6322
Home Care Quality Referral Registry of Washington State A registry referral system to locate in-home caregivers. www.hcrr.wa.gov	425-347-6726 800-970-5456
Meals on Wheels Delivers meals to your home.	425-347-1229
Medicaid Personal Care Services Provides in-home personal care to Medicaid eligible participants. DDA HCS	425-740-6400 425-339-4010
Ramp Arts Portable, temporary & permanent ramps. www.ramparts-nw.com	206-440-9999
Rampathon Builds free wheelchair ramps for low-income homeowners with disabilities in King and Snohomish Counties. www.rampathon.org	425-451-7920
Puget Sound Labor Agency Provides access ramps allowing individuals to live in the home of their choice.	206-448-9277
Volunteer Chore Service Provides housework, yard work, laundry, and other home task assistance through a network of volunteers. A program of Catholic Community Services. www.ccsww.org	425-257-2111
Washington Connections Offers a fast and easy way for families and individuals to apply for a variety of services such as Food, Cash, Child Care, Long-Term Care, and Medicare Savings Programs https://www.washingtonconnection.org/home/	

Emergency Housing

American Red Cross Provides relief in disasters and prepares for emergencies.	425-252-4103
Care Crisis Line (24-Hour)	425-258-4357
Cocoon House Provides emergency shelter and critical services to homeless and at risk teens. www.cocoonhouse.org	425-259-5802
Domestic Violence Services Provides free and confidential services, emergency shelter, legal advocacy, support groups and education. www.dvs-snoco.org	24 Hr. Crisis 425-252-2873 800-562-6025
Everett Gospel Mission Provides emergency shelter for men.	425-740-2500
Friends of Youth Provides housing to homeless teens ages 11 to 17.	24 Hr Crisis 206-236-5437 Main Office 425-869-6490
Pathways for Women Provides shelter, counseling services and employment readiness for homeless, single parent families.	425-774-9843
Salvation Army Provides emergency shelter and temporary financial assistance.	425-259-8129
St. Vincent De Paul	425-355-3504
Volunteers of America (VOA)	425-259-3191
Women & Children's Mission Provides emergency shelter for women and children.	425-740-2501

HOUSING & LIVING INFORMATION

Home Ownership Resources

Habitat for Humanity of Snohomish County Sweat equity home construction for low-income families. www.habitatsnohomish.org	425-258-6289
Home Choice Program Provides down payment assistance to low to moderate income individuals with disabilities (or families which include individuals with disabilities) seeking to own a home. www.wshfc.org/buyers/homechoice.htm	206-464-7139 800-767-4663
Home Sight First Time Homebuyer Program Provides purchase assistance to first-time low income homebuyers. Provides homebuyer education and financial counseling as part of the program. www.homesightwa.org	206-723-4355
Housing Authority of Snohomish County (HASCO) www.hasco.org	425-290-8499
Housing Hope Home Ownership Program For first-time low income homebuyers. Homebuyers participate in the new construction of homes. Provides purchase assistance, homebuyer education and financial counseling. www.housinghope.org	425-347-6556
Parkview Services Provides purchase assistance, homebuyer education and financial counseling to first-time low income homebuyer. At least one person in household must have a disability. www.parkviewservices.org	206-542-6644
Washington State Housing Finance Commission A publicly accountable, self-supporting team, dedicated to increasing housing access and affordability and to expand the availability of quality community services. http://www.wshfc.org	206-464-7139 800-767-4663

Home Maintenance

Community Housing Improvement Program (CHIP) Provides low interest and deferred loans for rehabilitating single family homes in the City of Everett. Rental renovation loans are also available.	425-257-8735
Minor Home Repair Provides health and safety related repairs that homeowners who are elderly or disabled are not able to perform due to lack of funds or inability to physically perform repairs themselves. www.sssc.org	425-355-1112
Rehab & Repair Provides low interest loans for housing rehabilitation to low-income single family homeowners. www.hasco.org	425-290-8499
Snohomish County Assessor Provides a property tax deferral or exemption program for individuals or families who own a home and cannot afford the property taxes. http://www.snohomishcountywa.gov/175/Assessor	
USDA Rural Development Provides grants and low interest loans for health or safety related repairs. Available to rural, low income homeowners.	360-428-4322
Weatherization Program Year round, home energy conservation assistance. https://snohomishcountywa.gov/600/Weatherization	425-388-7205

INFORMATION/RESOURCE/REFERRAL

Abuse Neglect Investigates complaints of abuse, neglect or exploitation of vulnerable children and adults. Includes CPS and APS. If life threatening emergency, call 911.	866-ENDHARM 866-363-4276
Access Washington Search “disability”. www.access.wa.gov	
Arc of Snohomish County Provides information, education and support to individuals with developmental disabilities and their families. www.arcsno.org	425-258-2459
Brain Injury Association of Washington Provides information, referral services, educational materials, and presentations. www.braininjurywa.org	877-824-1766
Care Crisis Line (24-hour)	425-258-4357
Center for Parent Information and Resources Listing of statewide programs for families of children with special needs. www.parentcenterhub.org	
Community Information Line Provides information on resources and services.	211
Department of Social and Health Services for Washington State (DSHS) Provides protection, comfort, food assistance, financial aid, medical care etc., to WA State children, families and vulnerable adults. www.dshs.wa.gov	800-737-0617
Developmental Disabilities Administration (DDA) Serves individuals of ALL AGES using state and federal funds to provide or purchase support and services. Resources are limited and services may not always be available. www.dshs.wa.gov/dda	800-788-2053
Domestic Violence Services Provides free and confidential services: emergency shelter, legal advocacy, support groups and education. www.dvs-snoco.org	425-252-2873 800-562-6025
Federal Emergency Management Agency (FEMA) Search “Special Needs” to get various emergency preparedness resources. www.fema.gov	
Home and Community Services (HCS/DSHS) Provides screening and assessment for in home care or adult family home or assistive living for individuals 18+ years old.	425-339-4010
Northwest ADA Center Provides free confidential phone consultation and trainings regarding the Americans with Disabilities Act (ADA). www.nwadacenter.org	800-949-4232
Office of Deaf and Hard of Hearing (ODHH) Services for persons who are deaf, hard of hearing, deaf-blind, or hearing with a speech disabilities. www.dshs.wa.gov/odhh	800-422-7930
Providence Sexual Assault Center 24 hour hotline.	425-252-4800
Senior Services of Snohomish County www.sssc.org	425-355-1112
Smart 911 A free service that allows citizens to create a Safety Profile for their household that includes any information they want 9-1-1 to have in the event of an emergency. www.smart911.com	
Snohomish County Developmental Disabilities (DD) Provides a variety of supports and resources to individuals with developmental disabilities and their families. www.snohomishcountywa.gov/dd	425-388-7320
Snohomish County Developmental Disabilities Advisory Board Provides an open forum for community input on public policy. Meets on the fourth Tuesday of the month, 3:30PM-5:15PM in Everett.	425-388-7208
Washington State Tribal Directory www.goia.wa.gov	

LEGAL

CLEAR Hotline Washington's toll-free, centralized intake, advice and referral service for low income people seeking free legal assistance with civil legal problems.	888-201-1014
Columbia Legal Services Protects and defends the legal and human rights of low income people. http://www.columbialegal.org/	800-260-6260
DD Life Opportunities Trust Enables individuals with DD and their families to open a low cost special needs trust to set aside money and build assets for the future without compromising the individual's eligibility for public services. www.ddlot.org	888-754-8798
Disability Rights of Washington (DRW) Legal services for disability rights violations, general information about legal rights, community education and training. www.disabilityrightswa.org	206-324-1521 800-562-2702
Dispute Resolution Center Provides landlord tenant dispute mediation.	425-339-1335
Guardianship At age 18, all adults assume legal responsibility for their actions. There are different types of guardianships and not everyone needs a full or limited guardian. To learn more check out the following resources: <u>Disability Rights of Washington</u> Provides information on supported decision making, guardianship and protection of rights www.disabilityrightswa.org <u>Informing Families</u> An informational website for families that contains a video podcast on guardianship. www.informingfamilies.org <u>Mandatory Training for Guardians</u> This training is a new requirement for all guardians. www.courts.wa.gov/layguardiantraining <u>Snohomish County Superior Court</u> Provides information about reporting and guardianship paperwork. Guardianship paperwork can be purchased or downloaded from: https://snohomishcountywa.gov/1424/Guardianships <u>Arc of Snohomish County</u> Sponsors workshops and has guardianship packet of basic information and local resources. www.arcsno.org	800-562-2702
Northwest Justice Project Provides free civil legal assistance and representation to low-income people in situations affecting basic human needs. Free self-help materials available on website. www.nwjustice.org	425-252-8515 888-201-1017
Protection Order Programs http://snohomishcountywa.gov/439/Protection-Orders	425-388-3638
Snohomish County Legal Services Provides free legal aid program serving Snohomish County residents experiencing poverty. www.snocollegal.org	425-258-9283
Washington Law Help Provides education, materials, tools and information for an array of legal issues, linking to programs and resources. Available in multiple languages. www.washingtonlawhelp.org	

RECREATION

Recreational Opportunities

AQUAEXCEL Provides aquatic therapy, rehabilitation, adaptive swimming, and recreation opportunities for children and adults. www.aquaexcel.org	360-969-9178
Boy Scouts Mount Baker Council Helps develop leadership skills, new skills and provide community service. Mentoring from peers/adults. www.mountbakerbsa.org	425-338-0380
Boys and Girls Clubs Provides after school, summer and recreational opportunities for youth. www.bgsc.org	425-259-5147
Campfire Provides small group, outdoor education and camping programs for youth. www.campfireusasnohomish.org	Snohomish County 425-258-5437
Coalition for Inclusive Communities A group of individuals committed to promoting more inclusive recreation and leisure opportunities in Snohomish County.	425-388-7320
Edmonds Parks and Recreation Provides many opportunities to participate in a variety of recreation and leisure activities. (Services/Parks) www.edmondswa.gov	425-771-0230
Everett Parks and Recreation Provides many opportunities to participate in a variety of recreation and leisure activities. www.everettwa.org	425-257-8300
Footloose Sailing Association www.footloosesailing.org	206-578-6735
Girl Scouts Provides an opportunity for girls age 5 to 17 to build courage, confidence and character and make the world a better place. http://www.girlscoutswa.org	800-541-9852
Imagine Children's Museum A fun filled accessible place for children (located in Everett). https://www.imaginecm.org/	425-258-1006
Lynnwood Parks and Recreation Provides many opportunities to participate in a variety of recreation and leisure activities.	425-670-5732
Marysville Parks and Recreation Provides many opportunities to participate in a variety of recreation and leisure activities. www.marysvillewa.gov	360-363-8400
Mountaineers Outdoor recreational opportunities. www.mountaineers.org	206-521-6000
Mountlake Terrace Parks & Recreation Provides many opportunities to participate in a variety of recreation and leisure activities. www.cityofmlt.com	425-776-9173
National Parks and Federation Lands Access Pass https://www.nps.gov/planyourvisit/passes.htm	
Outdoors For All Provides recreational programs including; cycling, fishing, hiking, river rafting, water and snow skiing, and in line skating. www.outdoorsforall.org	206-838-6030

RECREATION

Big Brothers/Big Sisters Connects children ages 6-14 from single parent families with a Big Brother or Big Sister.	www.bbbs-snoco.org	425-252-2227
Redmond Parks and Recreation Provides many opportunities to participate in a variety of recreation and leisure activities.	http://www.raprd.org	425-548-7275
Rising Stars Gymnastics Provides gymnastics instruction to children of all ages and skill levels. Instructors ensure that each child enjoys learning gymnastics in a safe, fun, challenging, and positive environment.		360-653-7827
Shoreline Parks & Recreation Provides many opportunities to participate in a variety of recreation and leisure activities.	http://cityofshoreline.com	206-801-2600
Sibshops An opportunity for siblings, who have a brother /sister with a disability, to develop relationships, learn about resources & connect to other sibs.	www.arcsno.org	425-258-2459
Snohomish County 4-H	Search 4-H www.snohomishcountywa.gov/	
Snohomish County Parks & Recreation Provides many opportunities to participate in a variety of recreation and leisure activities.	www.snohomishcountywa.gov/parks	425-388-6608
Swimming Pools	 <ul style="list-style-type: none"> Edmonds Yost 425-775-2645 Lynnwood Recreation Center 425-744-6440 Mountlake Terrace Pool 425-776-9173 Snohomish Aquatic Center 360-568-8030 	
Village Theatre Provides quality accessible, entertaining, educational musicals and non-musicals theatre for all ages.	http://www.villagetheatre.org/	425-257-8600
Washington State Directory of Summer Camps and Resource Guide for Children with Special Health Care Needs	www.cshcn.org	206-987-3736
Washington State Parks Provides information about state parks and accessible outdoor recreation.	http://parks.state.wa.us	360-902-8844 888-226-7688
YMCA Casino Road Development Center Everett		425-512-8050
YMCA Youth Development Center Marysville		360-651-1618
YMCA of Snohomish County Provides recreation and childcare for all ages. Activities are set up to be welcoming and inclusive. Reduced membership is available based on income. www.ymca-snoco.org		<ul style="list-style-type: none"> Everett 425-258-9211 Marysville 360-653-9622 Mukilteo 425-493-9622 Southeast Everett 425-337-0123 Monroe 360-805-1879 Mill Creek 425-337-0123 Stanwood 360-629-9622

TRANSPORTATION

<p>Amtrak Call to determine location and accessibility of rail station. If requesting accessible bedroom accommodation, transfer seat or wheelchair space, reserve up to 15 days in advance. Student and disability discounts available. www.amtrak.com</p>	<p>800-USA-RAIL TTY 800-523-6590</p>
<p>Bus Passes</p> <p>ORCA Card Works like cash or a pass, automatically tracking the value of different fares and transfers. Accepted on Community Transit systems in Snohomish, King and Pierce County. (cannot be used on DART) www.orcacard.com</p> <p>Regional Reduced Fare Permit (RRFP) Provides reduced fare permits, passes and ticket books to ride fixed bus routes. For seniors and individuals with disabilities. A personal care attendant (PCA) can ride for free with a reduced-fare passenger; the PCA must get on and off with the reduced-fare passenger. The reduced-fare passenger must have an RRFP with "PCA" on the card.</p>	<p>888-988-6722</p> <p>Community Transit 425-348-2350 Everett Transit 425-257-7777</p>
<p>Community Transit Provides local routes, commuter routes, Swift Bus, Rapid Transit and vanpools in Snohomish County. Free presentations and rides are available upon request.</p> <p>The Travel Instruction Program is a free program individualized to teach the basic skills necessary to successfully ride Community Transit's regular route system. Training is tailored to meet individual needs. www.communitytransit.org</p>	<p>425-353-7433 800-562-1375</p>
<p>Dial-A-Ride Transportation (DART) Provides door to door transportation to the elderly/disabled who are unable to use regular bus services in Snohomish County. Must be ADA para transit eligible. Call to make reservations. www.dialaride.org</p>	<p>425-347-5912 800-562-1381</p>
<p>Disabled Parking Permits Parking permits available through the Department of Licensing. www.dol.wa.gov</p>	<p>360-902-3770</p>
<p>Everett Transit Provides fixed route bus transportation within Everett city limits.</p> <p>Everett Para Transit Provides door-to-door transportation within Everett city limits. Must be ADA Para transit eligible. Call to make reservations. www.everetttransit.org</p>	<p>Everett Transit 425-257-7777 Para Transit 425-257-8801</p>
<p>Find A Ride An interactive, internet based resource to assist riders in locating transportation options in Snohomish, King and Pierce Counties. www.findaride.org</p>	
<p>Greyhound Bus Provides bus service throughout the United States. Call in advance to request an accessible bus. www.greyhound.com</p>	<p>800-231-2222</p>
<p>HopeLink Coordinates medical transport for Medicaid patients. https://www.hopelink.org/need-help</p>	<p>Before day of trips 800-923-7433 Same day trips 800-595-2172</p>
<p>Island Transit and Para Transit Provides bus service on Camano and Whidbey Islands with Washington State Ferry Connections. www.islandtransit.org</p>	<p>800-240-8747</p>
<p>Kersey Mobility for Life Sells and rents wheelchair accessible vans. http://www.kersey-mobility.com/</p>	<p>Everett 425-353-6563 877-507-7491</p>

TRANSPORTATION

King County Metro Fixed routes throughout King County. Also provides door to door transportation. Call to make reservations. http://metro.kingcounty.gov	206-553-3000
Medstar Transportation Medstar Transportation provides supported mobility transportation throughout all of Western Washington.	Everett 877-916-3729
Northwestern Trailways A bus line with terminals in Everett. Call in advance to request an accessible bus. www.northwesterntrailways.com	800-366-3830
Para Transit Services Arranges accessible bus, taxi, or van transportation to medical appointments and hospital emergency rooms. Reimburses mileage for Medicaid recipients who are unable to obtain medical services by any other means.	360-377-7007
Snohomish County Public Works To learn about roadway projects that may affect you go to: Search Roads Central www.snohomishcountywa.gov	Road Maintenance 425-388-7500
SNOTRAC Provides educational awareness of transportation options available for individuals with special needs. Includes Pay Your Pal, Ride around the Sound and the Travel Ambassador Program. http://www.sssc.org/transportation/snotrac	425-265-2226
Sound Transit Express buses operate throughout King, Snohomish, and Pierce Counties. www.soundtransit.org	888-889-6368
Stillaguamish Tribe Transit Services Provides Demand-Response transportation services to native and non-native individuals in northern Snohomish County. Schedule in advance. http://www.stillaguamish.com/	360-652-7362
Transportation Assistance Program (TAP) For older adults and individuals with disabilities. Coordinates transportation in rural areas not served by Community Transit's DART Para Transit. Connects individuals with DART, vanpool or fixed route service. http://www.sssc.org/transportation	425-423-8517
Transportation Needs Hotline Provides transportation information and referrals.	211 800-223-8145
Tulalip Transit Provides rural transportation from designated stops. http://www.tulaliptribes-nsn.gov/Home/Community/TulalipTransit.aspx	800-869-8287
Vanpool/Carpool Services Vans are leased to passengers who are going to the same place on a regular basis. Vanpools can help people with disabilities and seniors travel to work, school or regularly scheduled activities. www.rideshareonline.com	888-814-1300
Washington State Ferries www.wsdot.wa.gov/ferries	888-808-7977
Wheelchair Accessible Services	Medstar Transportation Medi Ride 425-347-4700 425-870-5195

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UPDATES AND ADDITIONAL RESOURCES CAN BE FOUND AT:

www.snohomishcountywa.gov/dd

**SNOHOMISH COUNTY
DEVELOPMENTAL DISABILITIES**



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DEVELOPMENTAL DISABILITIES**



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CURRENT ISSUES AND EFFORTS THAT ARE BEING MADE
TO IMPROVE THE QUALITY OF LIFE FOR INDIVIDUALS WITH
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Snohomish County
Developmental Disabilities

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A Guide to
Employment



SUPPORTS AVAILABLE FOR INDIVIDUALS INTERESTED IN
WORKING AND CONTRIBUTING IN THEIR COMMUNITY

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